

6km Time Trial Results: 4 April 2019

Runners:

1. Shane Jacklin 25:45
2. Simon Mbuyazi 26:26
3. Guy Tatham 27:35
4. Peter Meyer 28:28
5. Philip du Toit 29:18
6. Megan Grewcock 31:19
7. Kim Lawrance 31:21
8. Shannon O' Connor 31:23
9. Jack Goldstone 33:03
10. Ollie Tatham 33:20
11. Ross Goldstone 33:41
12. Mel Goldstone 33:41
13. Jacqui Meyer 33:48
14. Keyan Carlisle 33:50
15. Debbie Ridley 35:32
16. Bill Freeman-Smith 38:00
17. Jesse Lawrance 38:10
18. Nigel Kidgel 38:52
19. Jeanie van Deventer 39:45
20. Maryke van Zyl 40:30
21. Rob Melis 40:55
22. Sarah Wallis 41:25
23. Kevin Le Roux 42:13
24. Nelly Melis 44:07
25. John Londal 44:43
26. Tarryn Wallis 45:28
27. Michelle Craigie 46:16
28. Michelle Dye 46:19
29. Greg Ridley 51:52

Walkers:

1. Jim Gray 48:42
2. Rod Hastie 49:17
3. Tarryn Sterling 52:52
4. Jessica Sterling 52:52
5. Tracey Hall 53:47
6. Jack Rock 55:31
7. Debbie Farley 60:08
8. Roy Bickerton 60:08
9. Nadine Winterboer 60:09
10. Tarryn Fuller 69:11
11. Tara Fuller 69:11
12. Dell 69:50