

6km Time Trial Results: 5 December 2019

Runners:

1. Gabriel Ndlela 22:09
2. Bradley Scholtz 22:49
3. Msizi Mjweni 23:28
4. Liaan Marais 24:15
5. Nonto Ntuli 24:25
6. Simon Mbuyazi 25:38
7. Eric Shezi 26:00
8. Bradley Vincent 26:05
9. Guy Tatham 26:17
10. Shane Jacklin 26:17
11. Ross Goldstone 27:20
12. Peter Meyer 27:50
13. Wesley Smit 27:51
14. Kent Yeatman 30:21
15. Mike Goldstone 30:43
16. Nana Sigubudu 30:52
17. Ivan Sheppard 31:43
18. Tiffany Aldworth 31:56
19. John Densham 32:03
20. Ollie Tatham 32:24
21. Brent Coverdale 32:36
22. Trevor Wallis 34:03
23. Jacqui Meyer 34:22
24. Maryke van Zyl 34:49
25. Matthew Higginson 35:13
26. Dom Arntzen 39:38
27. Kathy McKenzie 39:39
28. Erin Coverdale 40:49
29. Taylor McNamara 41:05
30. Kevin Le Roux 41:53
31. John Londal 42:49
32. Mary Gray 43:56
33. Michelle Craigie 45:40
34. Christina Eckstein 46:11
35. Rene Jacklin 47:57.

Walkers:

1. Jim Gray 48:35
2. Tracey Hall 53:23
3. Roy Bickerton 64:00
4. Corrie Scholtz 64:02
5. Russell Scholtz 64:03
6. John Craigie 67:25

The next 6km Time Trial is on Thursday 2 January 2020 at Howick Athletic Club Midmar.

PLEASE NOTE THE WINTER STARTING TIMES:

Walkers start: 16:45

Runners start: 17:15

A very big "thank you" to the sponsors of the lucky draw prizes:

Kathy McKenzie; Tracey Hall; Shane and René Jacklin; Brent and Faye Coverdale; Jim Gray; Kevin Le Roux; Bzzy De Gersigny and Christine Bridgman