

## 6km Time Trial Results: 5 March 2020

### Runners:

1. Gabriel Ndlela 21:55
2. Msizi Mjweni 23:20
3. Mike Edgcumbe 23:24
4. Lindi Mbuyazi 24:06
5. Liaan Marais 24:11
6. Shane Jacklin 24:25
7. Ross Goldstone 25:13
8. Wesley Smit 25:13
9. Simon Mbuyazi 25:48
10. Patrick Khumalo 26:57
11. Peter Meyer 28:45
12. Christo du Plessis 28:47
13. Andre Booysen 29:13
14. Tom Danckwarts 29:40
15. Tiffany Aldworth 29:55
16. Eric Shezi 30:09
17. Teboga Mohlakoane 30:27
18. John Densham 30:33
19. Kent Yeatman 30:48
20. Trevor Wallis 31:03
21. Megan Grewcock 31:15
22. Brent Coverdale 31:18
23. Mike Goldstone 31:19
24. Neil MacKenzie 34:04
25. Jacqui Meyer 34:37
26. Caroline Carlisle 35:00
27. Keyan Carlisle 35:05
28. Phil Warren 35:56
29. Kim Lawrance 36:15
30. Maryke van Zyl 36:26
31. Kathy McKenzie 38:35
32. Pam Smit 40:40
33. Tenneil 42:34
34. Mary Gray 44:38
35. John Londal 45:10
36. Kevin Le Roux 47:59
37. Michelle Dye 47:59
38. Bzy De Gersigny 49:45
39. Christina Eckstein 50:38
40. Dawn Norton 50:48.

Vusi Nkomo: No time recorded

**Walkers:**

1. Jim Gray 50:31
2. Lisa Edgcumbe 50:48
3. Christine Bridgman 54:30
4. Mareka Patrick 54:30
5. Corrie Scholtz 57:38
6. Russell Scholtz 59:52
7. Roy Bickerton 65:00

The next 6km Time Trial is on Thursday 2 April 2020 at Howick Athletic Club Midmar.

PLEASE NOTE THE SUMMER STARTING TIMES:

Walkers start: 16:45

Runners start: 17:15

A very big "thank you" to the sponsors of the lucky draw prizes:

**Deone Bouwer; Christo du Plessis; Caroline Carlisle; Lynette Dewing; Megan Grewcock; Michelle Dye; Kevin Le Roux; Jim Gray and Rene Jacklin**