

Time Trial Results: 1 February 2018

Runners:

1. Gabriel Ndlela 21:25
2. Innocent Sithole 22:15
3. Christo du Plessis 25:12
4. Shane Jacklin 26:10
5. Simon Mbuyazi 26:29
6. Iakovos Dimitriaoes 26:49
7. Peter Meyer 28:47
8. Shea Karsing 28:57
9. Michael Goldstone 30:24
10. Kim Lawrance 32:08
11. Philip du Toit 32:24
12. Shannon O'Connor 33:24
13. Ali Mandima 33:47
14. Clinton Carbutt 34:05
15. Nigel Pearson 34:47
16. Debbie Ridley 34:54
17. Jacqui Meyer 35:15
18. Kirsten Oliver 36:45
19. Tracey Tucker 38:30
20. Kevin Le Roux 42:44
21. Rob Melis 42:50
22. Mary Gray 43:56
23. Maryke van Zyl 44:11
24. Nelly Melis 45:52
25. Michelle Craigie 48:54
26. Michelle Dye 48:55
27. Tarryn Wallis 50:54
28. Christina Eckstein 51:13
29. Lisa Edgcumbe 51:19
30. Rene Jacklin 51:20;

Walkers:

1. Jim Gray 48:05
2. Christine Bridgman 50:33
3. Corrie Scholtz 55:36
4. Russell Scholtz 55:37
5. Lynn Burn 58:02
6. Debbie Farley 65:32
7. Roy Bickerton 64:58
8. Cheryl Strydom 68:27

The next 6km Time Trial is on Thursday 4 April 2019 at Howick Athletic Club Midmar.

A very big "thank you" to the sponsors of the lucky draw prizes:

Tarryn Wallis, Mike Goldstone, Michelle Craigie, Ali Mandima and Caroline Carlisle